



FOTONA PRE & POST TREATMENT INSTRUCTIONS

Pre and Post Care Requirements and Supply List

- You will need to get the following supplies for post-treatment:
 - ☐ Avene SOS Post-Procedure Recovery System (From Divine Dermatology)
 - ☐ VIVE MD Gentle Herbal Cleanser (From Divine Dermatology)
 - ☐ VIVE MD Retinol (From Divine Dermatology)
 - ☐ VIVE MD Collagen Boost (From Divine Dermatology)
 - ☐ VIVE MD broad-spectrum (UVA/UVB) sunblock (From Divine Dermatology) Ice/cold packs.
 - ☐ Any procedure specific prescription medications prescribed by Dr. Chandan.

4D/ Liplase/SMOOTH Eye Pre Treatment Instructions

- No Vitamin C or retinol for 1 week prior to laser treatment.
- Stop accutane ~6 months before laser treatment.
- Cleanse and dry your face with the pre-treatment kit provided by Divine Dermatology when you arrive the day of your treatment.

4D/ Liplase/SMOOTH Eye Post Treatment Instructions

First 24 Hours

- Your skin will be mildly red immediately after the treatment. This will subside over a few hours.
- You will experience a tightened feeling immediately after.
- You may apply ice 1 hour after the treatment for comfort.
- Avoid direct sunlight for 24 hours.

After 24 Hours

- Refrain from prolonged sun exposure for the first week.
 - Use SOS Post Procedure Kit (if applicable and selected above) for the first 5-7 days.
 - Thermal Spring Water as needed to calm and moisten skin
 - Cleansing Lotion
 - Restorative Cream to be used 2-3 times daily to create an optimal healing environment
 - Sheet Mask used directly after procedure
 - Use Gentle Cleanser, Collagen Restore Cream, Retinol, and SPF mineral based sunscreen. ●
- You may experience light peeling for up to 1 week.
- Keep lips moisturized with ChapStick/Aquaphor/Carmex.
 - Full results will continue to occur over the next 3-6 months.
 - You will need maintenance treatments as you continue to age to maintain results.
 - Any questions or concerns please contact the office immediately
 - Clinical cosmetic staff: 727 528 0321