

WOUND CARE INSTRUCTIONS

For the most ideal healing and scarring possible, please adhere to the following recommendations for your specific type of procedure:

- ☐ **Shave biopsy, or**
- ☐ **Electrodessication and curettage (ED&C) “scraping and burning;**
 - 1. Keep initial bandage on for 24 hours.
 - 2. Dress the wound twice daily (only **once daily** if the wound is on your back):
 - a. Wash the wound gently with soap and water. Pat dry.
 - b. Apply a generous layer of Aquaphor ointment or Vaseline.
 - c. Cover with Band-Aid or make your own dressing of a non-stick (“Telfa”) pad and medical/ paper tape to hold in place.
 - d. Continue this procedure for the first 10-14 days
 - e. Then you may allow the area to be left open unless it is uncomfortable or rubbing.
 - f. Do not remove the scab. It is part of the healing process and will come off on its own. This may take several weeks depending on the size of the wound.
 - 3. Report any fever, swelling or bleeding to our office immediately.
Redness, pain or drainage of pus that worsens by the day are signs of active infection and should be reported immediately.
- ☐ **Punch biopsy with stitches (sutures)**
 - 1. Keep initial bandage on for 24 hours.
 - 2. Dress the wound twice daily (only **once daily** if the wound is on your back):
 - a. Carefully clean the sutures with soap and water. Pat dry
 - b. Apply a generous amount of Aquaphor or Vaseline.
 - c. Cover with a Band-Aid or make your own dressing of a non-stick (“Telfa”) pad and medical/ paper tape to hold in place.
 - d. Continue this until you return for your suture removal appointment (as determined by your provider).
 - 3. Report any fever, swelling or bleeding to our office immediately.
Redness, pain or drainage of pus that worsens by the day are signs of active infection and should be reported immediately.